



February 2019 Newsletter

Goosecroft Bakery

We are working to develop a mini enterprise making and selling bakery produce.



The Goosecroft Bakery is a new project at the Northallerton and the Dales Mencap Society.

The Goosecroft Bakery project has been chosen by the Co-op as one of their local causes to be supported by funding this year. To help us raise vital funds, we will be relying on Co-op shoppers. Every time they buy Co-op own-branded products they get a 5% reward for themselves, and a further 1% goes to local causes like ours.

Co-op members can decide which local group they would like to support by going online. We really hope that people will visit the website and choose to support the Goosecroft Bakery.



Mencap Spring Fayre

Saturday 23rd March 2019

11.30am to 2.30pm

Goosecroft Centre

Goosecroft Lane

Northallerton

Please come along and bring the family to join the fun

Tombola, Name the Rabbit, Crafts

Refreshments, Sandwiches and Cakes

Hands and Voices Choir and much more



Facebook:

Visit our Facebook page - Mencap Northallerton. Sue Coulson and the Ipad Club will be adding new information and local events regularly to keep you all informed. Don't forget to record your likes!

Mencap Positive Images Photograph Project

Northallerton and the Dales Mencap Society have been awarded a grant from the Jack Brunton Charitable Trust to work on a photography project that will portray positive images of people who have a learning disability in the Hambleton and Richmondshire areas. At the end of the project there will be an exhibition and reception at the Goosecroft Centre with the people who feature in the pictures. Watch out for further details.

Some of the photographs will feature in a 2020 calendar that will go on sale from September 2019 to raise funds for the Local Society.

Sue Lear and Richard Jemison will be out and about in the next few months capturing positive images of people all over the area including Northdale, Just The Job and Chopsticks. If you see us about or would like to have yourself snapped doing your favourite thing then let us know.

Contact Sue Lear on 01609 778894 or
email: admin@northallertonmencap.org.uk



THE LADS 



Return of 'The Lads'

Friday 1st March 2019

6pm - 8pm

Goosecroft Centre, Goosecroft Lane, Northallerton

Tickets £8 including supper

Please contact Sue Lear 01609 778894 to book tickets.



Mencap 'Treat Me Well' Campaign

The Next Steps

Following the successful campaign during Learning Disability Week 2018, we will be following the next steps and running two workshops at the Goosecroft Centre in May this year. Stephen John, Mencap Campaigns Manager, has organised the sessions, the events will be on:

Friday 3rd May 10am to 1pm at the Goosecroft Centre, Northallerton

'Treat Me Well' Know Your Rights – Your rights in hospital and how to get good healthcare

Friday 17th May 10am to 3pm at the Goosecroft Centre, Northallerton

Campaign Workshop – How to campaign for better healthcare

If you are interested in booking a place please contact **Stephen John**

Telephone: 07957714560 or email: Stephen.John@mencap.org.uk

Northallerton and the Dales Mencap Society is working in partnership with Royal Mencap to make sure that we all have equally good quality healthcare both locally and nationally. Do try to attend at least one of these events. We look forward to seeing you.



New Siblings Group

A new siblings group is starting on Saturday 9th February at Thirsk Children's Centre. This will be a parent-led siblings session aimed at primary school age children. The session will run from 10.30am to 12.30pm at the same time as the SEN group. This will initially be run monthly to establish a need. Jenny Hinde will be running the parent-led group and would very much welcome people to attend.

For more information please contact Jenny email: jennyhinde@icloud.com

Sensory Equipment

We would like to thank the Kettlewell Trust for giving us a grant to purchase some sensory equipment for use in the Goosecroft Centre. All users of the centre will benefit from this equipment, especially Oaks and Acorns Playschemes, as well as the Drop-in and Gateway Club. We always try to improve and enhance the equipment available at the centre so that people who use the premises can have the best experiences possible.

Website and Facebook:

We have a facebook page and a website.
Have a look and let us know what you think.

Find us on: www.northallertonmencap.org.uk or on [facebook](#) Mencap Northallerton

From the Chairman Frits Rab:

As Chairman, I would like to add my thanks to all those who have recently supported The Northallerton and the Dales Mencap Society, including the Kettlewell Trust, The Jack Brunton Charitable Trust and the Co-op. Thanks are also due to all those who have chosen the Society through the Co-op Local Cause Project. We are most grateful for your support.

Activities at the Goosecroft Centre are now becoming well established with good attendance at the Wednesday Drop-ins and enthusiastic support for the cookery classes, the Goosecroft Bakery, the Ipad club and the Hands and Voices Choir. Thanks are due to Sue Coulson for all that she does to support these activities.

The Positive Images Photography Project, the 'Treat Me Well' campaign and the continuing work of the Community Safety Task Group all demonstrate our commitment to improving the lives of people with learning disabilities and encouraging better awareness and sensitivity generally towards people with learning disabilities. Special thanks are due to Sue Lear for her hard work and dedication in these important areas of the Society's work.

As stated on other occasions, if you can support us through offering some voluntary time or if you would like to consider becoming a Trustee of the Society, please contact us to discuss what is involved. We will be pleased to answer any questions you may have.

I am sure we are all looking forward to Spring. Daffodills are already making an appearance, the Robins are singing and the blossom will soon be out!

Please note that our Spring Fayre is on Saturday 23rd March from 11.30 am to 2.30 pm. We hope to see you there.

